



SOUTH BAY SOCCER ASSOCIATION

PARENT AND COACH HANDBOOK

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ABOUT US

South Bay Soccer Association (SBSA, sbsa.us) is an all-volunteer, non-profit organization dedicated to promoting youth soccer primarily at the recreational and All Stars levels. During a typical season, SBSA has approximately 450 players, separated into two-year age divisions beginning with U6 (“under six”) and ending at U19.

SBSA operates under the auspices of our parent state soccer organization Cal South (calsouth.com), which in turn is governed by the national governing body for soccer in the U. S., the U.S. Soccer Federation (ussoccer.com). The U. S. Soccer Federation (USSF) is a member of the international governing body for soccer FIFA (Federation Internationale de Football Association, fifa.com), which is renowned for organizing the World Cup of football every four years.

The Board of Directors of SBSA is responsible for all operational and organizational decisions. This volunteer body, which meets year-round, currently has several voting positions including:

President

Vice President

Secretary

Treasurer

Registrar

Director of Referees

Director of Coaching

Board meetings are held monthly. Should you wish to bring something to the attention of the board, please contact the current President of SBSA.

THE BEAUTIFUL GAME

Competitive soccer, or “football” as it is known in all other parts of the world except Canada, is played on a grass pitch that is a bit larger than a field of American tackle football. Eleven players on each side work together to kick, head, or otherwise strike the ball into the opponent’s goal. With the exception of one player designated the **goalkeeper**, players cannot play the ball with their hands or arms.

Competitive soccer teams organize their 10 field players into “formations” or “systems of play.” At the youth level, coaches pick a “system of play” that is best suited to the age and skills of their players. The names of positions in soccer vary depending on the system of play. However, in general, players are organized in three “layers.” **Fullbacks** (or simply **backs**) play closest to the goalkeeper.

Midfielders concentrate their play in the middle of the field. **Forwards** (some of which are called **strikers**) play closest to the opponent’s goal. A common system of play that is easy for players to learn in the 11v11 game is 4-3-3, which has 4 fullbacks, 3 midfielders, and 3 forwards (see Fig). Soccer games (or “matches” or “fixtures”) consist of two 45-minute halves with the clock running continuously with additional time added at the end of each half, at the discretion of the referee, to compensate for time lost to injuries or other unpredictable events.

To maximize “touches” on the ball, and hence improve player development, youth soccer games are not played with 11v11 until the U14 division. Instead players begin in U6 playing 4v4 on a small field with small goals and no goalkeeper and a smaller ball. Gradually, as players increase in age, soccer is played with an increasing numbers of players, on bigger fields, and with bigger balls and goals.

Currently, USSF is encouraging all of its participating associations to place more emphasis on player development and to reduce specialization at an early age. Consequently, coaches are encouraged to let players experience and learn how to play all positions, including goalkeeper, especially in the younger age groups.

Soccer, they say, is a player’s game. While coaches can and do give tactical instruction from the sidelines, players gradually learn how to make split second decisions on their own and how to respond to their teammates’ and opponents’ decisions. Even at the youth level, soccer is a contact sport. Players need to learn to use their body within the letter and spirit of the Laws of the Game.

At all levels, the beautiful game of soccer is played in a wide range of weather conditions including rain (but not thunderstorms). Typically, SBSA games and practices will *not* be cancelled for rain unless the rain is heavy and field conditions are either unsafe or deemed unplayable.

COMPETITION RULES

All regular season SBSA soccer games are played on Saturdays. U6 and U8 games are always played at the Los Osos Middle School (LOMS) fields. U10, U12, and higher age divisions play inter-league games with local leagues, such as Morro Bay and Templeton, and play either at LOMS or at the home venue of one of our inter-league partners.

- All games will be conducted in accordance with the current FIFA Laws of the Game with the exception of modifications to the laws of the game detailed later in this handbook.
- All games will be played as set forth in the official SBSA match schedule.
- All games will begin on time. Teams must be present, on the field, and ready to commence their game no later than 15 minutes prior to kick off in order to be checked in by the referee team.
- A coach must submit a completed line-up card to the referee no later than 15 minutes prior to the scheduled kick-off time. All players participating in the match must be listed in jersey number order.
- Once a game begins, it is at the discretion of the center referee when and if to terminate a match due to inclement weather or other unforeseen circumstances. Games are played under most weather conditions including rain unless field conditions are deemed unsafe or unplayable by either league officials or referees.
- Games begin with a coin-toss conducted by the center referee. The winner of the coin toss chooses which goal it will attack; the loser gets the kick off. At half time, the teams switch sides and the original winner of the coin toss gets the kick off.
- League standings are not maintained during the regular “rec” season. However, a team’s playing record may be used for seeding purposes for the End of Season (EOS) Tournament in the U10 division and higher. U6 and U8 divisions do not participate in an EOS tournament.
- In the U6 and U8 divisions, score for a game is not recorded. SBSA discourages coaches from emphasizing the score of the game and encourages coaches to provide a fun, positive, learning experience for all matches.
- To foster sporting play in U10 divisions and higher, SBSA encourages coaches to make adjustments to their lineups and team playing style to keep the game score within 5 points. For coaching ideas to attain this goal, please contact the SBSA’s Director of Coaching.

SUMMARY OF MODIFICATIONS TO THE LAWS OF THE GAME

The following table summarizes some of the main modifications to the Laws of the Game SBSA adopts for the given age division. Substitution rules are discussed separately below together with SBSA's player participation rules.

Division	No. of Players	Min. No. of Players	Duration	Ball Size	Offside Enforced	Referees	Other
U6	4 v. 4 no GK	3	4x8min	3	N	N	Kick in allowed
U8	4 v. 4 no GK	3	4x8min	3	N	3	No DFK
U10	7 v. 7	5	2x25min	4	Y	3	no heading
U12	9 v. 9	7	2x30min	4	Y	3	no heading
U14	11 v. 11	7	2x35min	5	Y	3	heading
U16 U19	11 v. 11	7	2X40min	5	Y	3	heading

GK = Goalkeeper DFK = Direct Free Kick

Please note: Quarter breaks for U6 and U8 games will be a minimum of 3 and a maximum of 5 minutes at the discretion of the referee. Halftime breaks for all other age divisions will be a minimum of 5 and a maximum of 10 minutes at the discretion of the referee.

SUBSTITUTION AND PLAYER PARTICIPATION

All registered players in attendance and in full uniform at the time the match begins must be listed on the game card and participate in the game. Injured players may attend the game and wear their jersey to support their team, but they should not be in full uniform. Registered players in full uniform will be expected to play in compliance with the player participation rule outlined below.

PLAYER PARTICIPATION RULES

- Every player listed on the game card must play at least half of the game.
- No single player will play four quarters of any game, in any age division, unless all players have played three quarters.
- Exceptions to these participation rules are allowed only in the case of injury or illness.
- *Participation rules are waived for all-star teams and club teams.*
- If a player misses all scheduled practices during a given week, the coach, with the approval of the Director of Coaching, may elect *not* to allow that player to participate in that week's scheduled game. Coaches are encouraged to be compassionate and understanding of circumstances beyond a player's control.

SUBSTITUTION RULES

- For U6 and U8 divisions, substitutes are allowed only during quarter breaks with the exception of substitutions for injury or illness. In U6, we encourage coaches to be flexible in the application of this rule as appropriate to maintain the fun and excitement of the game.
- For U10 divisions and higher, free substitutions are allowed. However, please note:
 - Substitutions may only be made on your team's possession during a throw in, on goal kicks (by either team), or kick-offs (by either team)
 - The procedure for entering a player in a game is as described in the Laws of the Game. Entering players must check in with an Assistant Referee and are not allowed to enter the field of play until recognized by the Center Referee.
 - Substitution rules for goalkeepers, as described in the Laws of the Game, are enforced.
- In case of an injury, the following procedure is followed:
 - If, in the opinion of the referee, the injured player needs assistance, the referee will signal for the coach to enter the field of play. Coaches (and parents) are not allowed to enter the field of play in case of an injury unless waved on by a referee.
 - If a coach enters the field of play to attend to an injured player, that player **must** leave the field of play and can only re-enter when waved on by the referee.
 - When an injured player leaves the field, the coach of that team may elect to substitute that player. Alternatively, the coach may elect to play short until the injured player returns to play.

- Regardless of the amount of time played during any given quarter of the game, the injured player is credited with having played a full quarter.
- Players who arrive late to a game must be substituted as follows:
 - If a player arrives during the first quarter, the player must play a minimum of two of the remaining three quarters.
 - If a player arrives during the second or third quarter, the player must play a minimum of one quarter.

PLAYERS' EQUIPMENT

For practices and games, all registered players, in all age divisions, must:

- Wear soccer cleats (note: soccer cleats do not have a toe cleat unlike cleats for other sports such as baseball or softball). Running shoes or gym shoes without cleats may be worn instead of cleats, though they are discouraged.
- Wear shin guards *against the skin and fully covered by socks*.
- Remove all jewelry including necklaces, bracelets, metal or plastic hair clips, and earrings. Only medical alert bracelets or necklaces may be worn, but they must be taped to the skin or covered with a sweatband.
- Remove retainers, bandanas, and any decorative items on clothing or shoes
- If necessary, wear shatterproof lenses on eyeglasses and wear a safety strap.
- Bring an adequate supply of water and appropriate clothing (shorts and t-shirt for practices, complete team uniform for games – see below).
- Players are not allowed to participate in practices with any type of cast or splint.
- Players may be allowed to participate in games with padded casts or splints at the discretion of the referee.
- In inclement weather, players may wear a long sleeve shirt under the team jersey.
- Sliding pants or bicycle shorts are permitted as long as they are the same color as the uniform shorts and above the knee.

SBSA UNIFORMS AND UNIFORM CARE

At the beginning of the regular season, each registered player *borrow*s a team uniform consisting of a team jersey and shorts from SBSA. Please note:

- Team jersey and shorts must be returned to the head coach directly after the last regular season game (including EOS tournament for the appropriate divisions).

- Players also receive a pair of team socks, which they must wear to all games. Players keep their socks at the end of the season.
- Team uniforms must be washed in cold water and air-dried.
- Team uniforms must ONLY be worn for scheduled SBSA games. Players must not wear uniforms to school, practice, birthday parties, etc.
- Nothing is to be added to the uniform.

THE REFEREE

- The referee has the authority and responsibility to control the conduct of players, coaches, and spectators from the time he or she arrives on the field for a scheduled match until after the match has concluded.
- Referees shall at all times impose the rules and regulations of competition as described in this handbook and the FIFA Laws of the Game.
- Referees must complete signed line-up cards and submit them to SBSA at the end of each game.
- Referees shall at all times emphasize the welfare and safety of players and officiate the game in a manner conducive to sporting play.
- Referees shall at all times conduct themselves professionally and encourage clean competition and sporting play.
- If a player is injured, the referee may, at his or her discretion, stop play to ensure the welfare of the player even if the ball has not gone out of play.
- The referee shall penalize infringements by players of the Laws of the Game that are sufficiently egregious, as defined by FIFA's Laws of the Game, by issuing either a red card or a yellow card.
 - **Player is shown a red card.** A player shown a red card by the referee must leave the playing field immediately and may not be replaced. The team must play short for the remainder of the game. The player is automatically suspended from playing in the following scheduled game. Additionally, a player receiving a red card may be, at the discretion of the SBSA board, suspended for the remainder of the season. The referee must indicate the reason for the red card on the line-up card and submit it to an SBSA board member directly after the conclusion of the match.
 - **Player is shown a yellow card.** A player shown a yellow card by the referee is cautioned; if the same player receives a second yellow card in the same game, the referee shows the player a red card and all consequences of being shown a red card (described above) automatically apply.
- The referee may penalize coaches for improper or unsporting conduct with the same disciplinary measures that apply to players. Coaches may be

cautioned (equivalent to a player's yellow card) or ejected (equivalent to a player's red card).

- **Coach or Assistant Coach is ejected.** A coach or assistant coach receiving an ejection from the referee must leave the vicinity of the playing field immediately before the referee will allow the game to continue. If the coach does not leave the field immediately, the referee will terminate the match and the SBSA board will determine the outcome of the game. A coach that is ejected from a match is not allowed to coach or appear as spectator during the following regularly scheduled match.
- The referee expects the coach to attempt to control the behavior of all spectators on their sideline. If necessary, the referee may, at his or her discretion, eject a spectator. In such an event, the spectator must immediately leave the vicinity of the field for the game to continue. If the spectator does not leave, the referee will terminate the match and the SBSA board will determine its outcome.

Please note: SBSA is committed to fostering sporting play in all age divisions and at all levels of competition. SBSA has a zero tolerance policy for abuse, verbal or otherwise, toward any referee, coach, player, or spectator.

COACHES AND COACH SELECTION

All SBSA coaches are volunteers who dedicate a lot of time and energy to the development of youth soccer players and to ensuring that players have a positive, fun, and rewarding soccer experience. SBSA encourages all parents and guardians of players to support their coach, e.g., by volunteering to help with field set-up or tear-down. SBSA also asks that parents and guardians are respectful of coaches' volunteer time. For example, if a coach is amenable to "drop-offs" during practice (some coaches may not be comfortable with this especially in U6 and U8), parents and guardians should pick up their players on time.

COACH SELECTION

During a regular "rec" season, SBSA is typically in need of volunteer coaches particularly in the U6 and U8 divisions. If you are interested in coaching a team, please contact an SBSA board member.

In the event that SBSA finds itself in the fortunate situation of having more coaches than teams, the SBSA board will select the regular season coaches using the All-Star Coach Selection criteria (see below).

DUTIES AND RESPONSIBILITIES OF COACHES

The primary duty and responsibility of all coaches is to ensure the safety and welfare of players. Additionally, during both practices and scheduled SBSA games, coaches shall:

- Always carry the player registration forms and have emergency contact information for each player readily available.
- If possible, always have a cell phone available in case of emergency.
- Never leave a child unattended after practice.
- Behave professionally and in a manner becoming a member of SBSA.
- Encourage clean, sporting play.
- Train and coach their team to the best of their ability
- Uphold all rules, policies, and regulations of SBSA and its parent organizations.
- Complete required coaching education courses and make every effort to complete recommended coaching educational offerings.
- Attend mandatory coaches' meetings organized by the SBSA board.
- Use positive coaching methods and strategies that instruct and encourage players.

- Distribute and collect all SBSA uniforms. Please note that, at the end of the regular season, SBSA will give coaches their player participation awards only in exchange for a complete set of uniforms.
- Maintain all SBSA equipment in good working condition (e.g., balls should be properly inflated) and return all equipment promptly at the end of the season. Coaches are responsible to keep track of balls, cones, and any other league equipment that is issued to them
- Notify the SBSA board or Director of Coaching of any equipment problems, issues, or needs.
- Notify the SBSA board of any changes to practice times or locations.
- Complete player evaluation forms at the end of the season and submit them to the SBSA board by the due date.
- Prepare All-Star nomination forms and be prepared to provide feedback concerning players' readiness for All-Stars for players on other SBSA teams in the same division.
- Be prepared to function as or provide an impartial assistant referee in the event that an assistant referee is unavailable for a scheduled match.
- Ensure that spectators do *not* stand behind the goal line or along the sidelines within 18 yards of the goal line
- Ensure that spectators that support their team behave in a manner that displays respect for all players (including opponents), coaches, referees, and other spectators.
- Ensure that there is no trash on the field after your game.

Please note that coaches are also responsible for ensuring that the field is correctly set up for their game and safe for players. Unsafe field conditions, such as gopher holes, must be remedied before the referee will allow the game to begin.

For **the first game of the day**, SBSA coaches are responsible for setting up the field. This includes:

- Moving goals to the correct location on the field.
- Attaching nets to goals (and ground) securely.
- Anchoring goals to ground (when required).
- Placing corner flags in the correct location on the field.

Please note that for inter-league games, the SBSA coach is responsible for ensuring that *both* goals and all four corner flags are correctly set up.

SBSA encourages coaches to delegate field set up to parents or guardians of players on the team.

Coaches are responsible for determining whether their game is the first or last game of the day.

For **the last game of the day**, SBSA coaches are responsible for tearing down the field. This includes:

- Carefully detaching nets from goals and removing goal and net anchors.
- Moving goals to the correct storage location on the field or in a storage shed.
- Returning nets and corner flags to their storage location in the storage shed.

Please note that for inter-league games, the SBSA coach is responsible for ensuring that *both* goals and all four corner flags are correctly stored after the last game of the day.

SBSA encourages coaches to delegate field tear down to parents or guardians of players on the team.

DUTIES AND RESPONSIBILITIES OF TEAM PARENT

The primary duty and responsibility of the team parent is to assist the coach with the administration of all non-playing related aspects of managing a team such as:

- Team parents must complete the Cal South Administration requirements
- Organizing volunteers for field set up and tear down
- Organizing post-game recovery snacks
- Organizing team social activities and events
- Notifying players, parents, or guardians of changes to practice or game schedule
- Notifying parents and guardians of which sideline the team will occupy
- Ensuring spectator area is entirely free of trash after the game
- Ensuring spectators supporting the team behave appropriately

TEAMS

SBSA makes every effort, when constructing teams, to balance team strengths for each age division. For the U6 and U8 divisions, SBSA may consider feedback from coaches for players who played for SBSA during the prior season. For all other age divisions, teams are formed using a draft process administered by the SBSA board. All head coaches participating in a draft receive a report that includes players' evaluations, players' soccer experience (when known), and whether players were either nominated or selected for all stars during the previous season. The draft process is outlined below. The SBSA board may try different team construction processes periodically for the purpose of ensuring balanced team and fostering sporting play.

REGISTRATION

- Birth certificates are required at the time of registration
- Registration opens in spring and continues until the regular season begins (see Season Calendar below).
- Players are grouped into two-year age divisions as follows:

U6	Must be under six years old for the remainder of the current calendar year.
U8	Must be under eight years old for the remainder of the current calendar year.
U10	Must be under ten years old for the remainder of the current calendar year.
U12	Must be under twelve years old for the remainder of the current calendar year.
U14	Must be under fourteen years old for the remainder of the current calendar year.
U16	Must be under sixteen years old for the remainder of the current calendar year.

U19	Must be under nineteen years old for the remainder of the current calendar year.
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- A player's soccer age is determined by subtracting their birth year from the year the current season formally ends. For example, the soccer age for a player born in 2007 who is registering to play during the 2017-2018 season is $2018 - 2007 = 11$. So this player would be registered to play in U12 and does not qualify to play in the U10 division.
- A player becomes an official team member only after payment of the required registration fee and acceptance of the registration forms by the SBSA president or his or her designated representative.

REFUND POLICY

SBSA will fully refund registration fees if SBSA receives notification of a player's withdrawal prior to SBSA registering the player with the parent organization (e.g., Cal South). After that date, SBSA will refund the registration fees for the player *minus* the charge for registering the player with the parent organization (which is not refunded to SBSA).

THE DRAFT PROCESS

For the U10 to U19 divisions, SBSA uses the following draft process, which is administered by members of the SBSA board:

- There is only one head coach and one assistant coach recognized for each team during the draft.
- Prior to the start of the draft, the head coach and assistant coach will be identified.
- The head coach and assistant coach will select their player in the assigned round of the appropriate age group.
- Round assignment is determined by a flip of a coin.
- All-star players in the division are selected first, if appropriate. Second year players are selected next, and first year players selected last. If a chosen player has a sibling, that sibling will be chosen in the next consecutive age appropriate free pick round if required. Order of the draft shall be by drawn numbers prior to starting. Drafting order will follow this pattern:
 - 1, 2, 3, 4
 - 2, 3, 4, 1
 - 3, 4, 1, 2... etc.
- The draft will continue until all players are drafted to a team. No team may drop out of the draft until all eligible players are drafted.
- Late registered players shall be placed on teams by the SBSA board in the order that the teams are drafted.
- Trades must be made at the time of the draft and are final. No trades can be made without consent of both coaches and the SBSA board.

- After the draft process is complete, team rosters are final and no transfers or trades shall be made between teams without consent of the SBSA board.

OWNERSHIP AND RESPONSIBILITY OF UNIFORMS AND EQUIPMENT

- Team uniforms and all team equipment including balls, cones, and ball bag are property of SBSA.
- Goals, corner flags, and nets at LOMS fields, and other equipment such as tools, ladders, and garbage and recycling bins are property of SBSA.
- Coaches are responsible to ensure that league uniforms and equipment is handled with care and that inventory is not lost (e.g., coaches must return the same number of balls and cones originally issued to them in their ball bag).
- Players are responsible for replacing any damaged uniform and must pay for replacing the *entire* uniform.

Please remember that SBSA is a non-profit organization that strives to keep the costs of participating in youth soccer as low as possible. Ensuring that we take care of our equipment helps us attain this goal.

SEASON CALENDAR

- First games of season – First Saturday after Labor Day
- Picture Day – Second or third Saturday of the season
- Last League Game – Two or three Saturdays before Thanksgiving
- End of Season Tournament for U10-U14 divisions – One or two Saturdays before Thanksgiving
- South Bay Shoot-Out All Star Tournament – typically, second weekend in December

INJURIES

- Any injury or damage involving an SBSA participant shall be reported to a SBSA board member or the SBSA President within 48 hours. A preliminary accident report form will be provided by the Board President and must be filled out and returned to the Board President within thirty (30) days. Any player with a bleeding or open wound (including nosebleeds) must leave the field until bleeding stops. The injured player may not resume playing until

bleeding is stopped, the open wound is covered, and any blood is removed from their uniform and person.

- Coaches and parents should always wear gloves when dealing with injuries involving blood.

INSURANCE

Insurance coverage is provided through Cal South. Coaches should review the Cal South website (calsouth.com) for guidance.

AWARDS

All registered players who complete the season will receive a participation award.

PRACTICE FIELDS

- Practice fields, typically at local public schools including LOMS, are assigned and recorded by the SBSA board.
- Practice field location and time selection occurs either at the Coaches' meeting or the draft prior to the start of the season.
- Practice fields are rented by SBSA. If you arrive at your practice field at your assigned time and it is being used, you may politely ask the people using the field to vacate the field.

FUND RAISING

The league may coordinate fund raising activities that should not be a burden to any individual or family. We hope that the activity we select will be acceptable to the members of the league and that you will support our attempts to generate income to operate and enhance the program. Thank you for your interest, cooperation and support concerning this program.

Any donations of labor, materials, or money are accepted and utilized judiciously by the SBSA board.

SBSA also accepts sponsorships from local business, to which we are grateful for their support.

ALL-STAR TEAMS

SBSA supports All-Star teams in the U10, U12, and U14 age divisions. Typically, All-Star teams begin practice the week after the End of Season tournament and participate in two or three All-Star tournaments including our own South Bay Shoot-Out.

ALL-STAR TEAMS: PURPOSE

- To provide an opportunity for higher caliber and more varied competition in a tournament setting
- To provide an opportunity to display what SBSA has developed in youth soccer players and teams and to represent our community

ALL-STAR TEAMS: PHILOSOPHY

- To aim for competitive success while upholding the highest standards of sporting play among players and coaches
- To display the full commitment of SBSA to the development of youth soccer players

ALL-STAR COACHES: APPLICATION AND SELECTION CRITERIA

- Each All-Star team will have a maximum of two (2) coaches, one head coach and one assistant coach with one (1) team manager.
- Candidates for All-Star head coach should express an interest in writing to the SBSA board no later than the fifth week of the season.
- The SBSA board, by a majority vote, will select the All-Star head coach from the pool of interested candidates. The following criteria will be considered by the SBSA board in its decision:
 - Soccer coaching licenses obtained
 - Previous coaching experience
 - Prior experience as an All-Star coach
 - Feedback received from referees.
- Once an All-Star head coach is selected, he or she selects, in conjunction with the SBSA board, an assistant coach and manager. Each of these three positions (head coach, assistant coach, manager) have specific roles that must be followed to be in compliance with Cal South.
- All coaches and managers are required to complete Cal South Risk Management – No Exceptions.
- All All-Star coaches and the team manager are required to carry their Cal South issued photo ID cards to all tournaments. The head coach is also required to carry the Cal South issued photo ID cards for all players to all tournaments.

ALL-STAR TEAMS

- A single All-Star team shall be selected for each gender of each age group in U10, U12, and U14.
- The maximum number of players allowed for each All-Star team is:
 - U10: 10 – 12 players (7v7)
 - U12: 12 – 18 players (9v9)
 - U14: 14 – 18 players (11v11)
- All-Star teams are not required to contain the maximum number of players and may have less than this number at the discretion of the All-Star head coach.

ALL-STAR PLAYER NOMINATION, SELECTION, AND PARTICIPATION

NOMINATION

- Each regular season head coach may nominate 30% of his or her regular season team's roster, to a maximum of five players whichever is the lesser, for the All-Star selection process.
- Head coaches of regular season teams must submit All-Star player nominations in writing to the SBSA board no later than the sixth week of the season. Nominations not received by the SBSA board by the end of the sixth week will not be considered.
- The SBSA board will provide a complete player nomination list to each head coach in a given age and gender group by the eighth week of the season.
- Please note: given the selection process outlined below, a player who is nominated for an All-Star team may not be selected. Additionally, players may be selected for the All-Star team even though they were not nominated by their head coach.
- Excluding illness or emergency situations, players who are selected to be all stars are required to be available to play for each all star tournament in which the team will be participating. Players will otherwise not be eligible for all stars.

SELECTION

- The initial seven (7) players for U10, nine (9) players for U12, and eleven (11) players for U14 are selected by an SBSA board conducted vote.
- Player selection for All-Star teams takes place during a meeting administered and scheduled by the SBSA board prior to the final games of

the regular season. During this meeting, All-Star players are put on a team as follows:

- Each head coach in a given age and gender group gets one vote per player until the initial number of players is selected.
- If the head coach of an All-Star team is not a regular season head coach, he or she can cast a single vote per player until the initial number of players is selected.
- Only players on the list of nominated players produced by the SBSA board may receive a vote.
- Only votes received at this meeting from the head coaches, or their assigns, are accepted.
- Players receiving the most votes are put on the All-Star team until the initial number of players is selected. In the event of a tie, those players will be discussed, noting their strengths and weaknesses. A second vote will then be taken for the group of players discussed with those receiving the most votes placed on the All-Star team. This process is repeated until the initial number of players is selected.
- Once the voting process is complete, the selection of players that constitutes the initial number of players is final with no appeal.
- The All-Star head coach, at his or her discretion, selects the balance of the All-Star team roster. The All-Star head coach may select players from any regular season team regardless of whether they were nominated. This allows the All-Star head coach to fill positions on the team based on his or her assessment of the team's needs.
- The final team roster must be submitted to the SBSA board prior to any players being informed of their selection.
- Selected players shall only be notified of their selection *after* all regular season games have been completed (including the End of Season Tournament).
- If a selected player should decline participation in the All-Star season for any reason, the All-Star head coach may select a player from the nomination list with the approval of the SBSA board.

PARTICIPATION

- The player participation requirements of the regular recreational season are *waived* for All-Star teams.
- Players may receive significantly different amounts of playtime depending on a variety of factors including, but not limited to, skill, attitude, versatility, and the competitive needs of the team.
- Playtime for All-Star teams is at the sole discretion of the head coach.

ALL-STAR SEASON

- The All-Star season begins after the completion of the regular season and the End of Season tournament.
- All-Star teams have may attend as many tournaments as they choose.
- SBSA will pay for each team's tournament entry fee (not including referees for tournaments that require such fees) for three local-area tournaments *including* SBSA's South Bay Shootout. All-Star teams are not required to attend a minimum number of tournaments.
- The League will provide All-Star uniforms for use by each team for the All-Star season. A deposit in an amount as determined by the Board will be required from each All-Star player family. The deposit shall be in the form of check or cash and will be required to be submitted for the entire team before uniforms will be distributed. The deposit will be held by the League All-Star Coordinator and returned upon return of all team uniforms. Partial refunds shall not be given.
- Each All-Star player family will be required to participate and help operate the South Bay Shootout tournament held by the League. Each family is required to complete five (5) hours of volunteer time or pay an in-lieu fee of \$50. The in-lieu payment will be used to pay a third party to complete the family's required volunteer hours. In the event a family fails to complete their required time the uniform deposit for that family shall be applied to the in-lieu fee.

PARTICIPATION IN AYSO TOURNAMENTS

- All-Star teams wishing to participate in AYSO tournaments must arrange to provide referees for tournament use, or provide additional fees to compensate for not providing referees, normally 3 referees are required.
- Referees may be recruited from the current USSF licensed roster of SBSA referees available for tournament play.
- AYSO considers the use of referees as volunteer positions and as such do not pay for referees.
- SBSA will reimburse the team for using SBSA referees and they will be paid by the team at the current rate of pay for the number of matches performed, typically 3.
- It will be the teams' responsibility to recruit and pay referees for AYSO tournaments, and request reimbursement from SBSA.

CLUB SOCCER TEAM

A club soccer team provides youth soccer players the opportunity to play competitive soccer year-round. Club soccer teams typically hire coaches and trainers to develop players and increase their chance of competitive success. During a typical season, a club team will travel to several tournaments in the hope of eventually qualifying for the State Cup. Beyond travel costs, parents or guardians typically pay a registration fee and commit to participating in fund-raising activities.

PURPOSE AND PHILOSOPHY

- To provide a venue for year-round competitive youth soccer.
- To develop players and teams that display the highest possible level of competitive skill and sporting play.

MANAGERS, COACHES, AND TEAMS

- Any interested adult may start a club team and register with SBSA. Registration must have the approval of the SBSA board.
- Coaches, trainers, managers and other team officials are usually hired with the team financing the cost.
- Teams may decide which and how many tournaments to play.
- Teams finance the cost of registration fees and other expenses to participate in tournaments
- Team officials will conduct tryouts open to the public, recruit, and select a team.

PLAYER SELECTION AND PARTICIPATION

- Players are selected on a basis of several criteria including skill, needs of the team, and attitude.
- Players must be willing to commit to structured practices several days a week.
- Playing time is *not* guaranteed and is at the sole discretion of the head coach
- Players must earn a starting position or playing time and work hard to maintain it.